

UNITED WAY OF RHODE ISLAND'S

21-DAY EQUITY CHALLENGE



FAQ

What is the 21-Day Equity Challenge?

It's a powerful opportunity to gain a deeper understanding of how inequity and racism affect our lives and our communities. The goal of the Challenge is to raise awareness among Rhode Islanders and engage them in our mission — uniting our community and resources to build racial equity and opportunities for all Rhode Islanders.

What will I be doing as part of the Challenge?

For 21 days, you'll receive an email on a different racial equity topic. Each email will include a brief introduction and a list of three to five resources to help you learn — through watching, listening, reading, reflecting, or journaling. Ways to take action are also included. We hope this Challenge will be the start of a lifelong commitment you'll make to create a more equitable Rhode Island.

What topics will it cover?

Topics include personal racial identity, implicit bias, what is privilege, the impact of racial trauma, levels of racism, segregation in Providence, being an ally, tools for the racial equity change process, and taking action in Rhode Island.

What happens if I miss a day?

This is a self-guided process, done at your own pace. You can save emails and catch up when you have the time.

How do I sign up?

[Fill out this brief form.](#)

When does the Challenge run?

The Challenge will start on February 24, 2021. You can sign up to start that day or sign up later and follow the Challenge's three week cycle at your convenience.

For more information contact: Adama Brown, adama.brown@unitedwayri.org or 401-444-0609.